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| 09 | A | B | C | D | E |
| 10 | A | B | C | D | E |
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| 27 | A | B | C | D | E |
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| 36 | A | B | C | D | E |
| 37 | A | B | C | D | E |
| 38 | A | B | C | D | E |
| 39 | A | B | C | D | E |

## PRACTICE QUESTIONS

**ADD CD**

# SW

Social Worker

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

# Before you begin

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## What this is

9 practice questions for ADDCD **SW**, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

## If something looks wrong

Send us three things and we will check it:

- the exam code, **SW**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

**QUESTION 1**

MULTIPLE CHOICE

A client with terminal illness confides in the social worker that they are considering hastening death but have not acted on it. Which actions are ethically appropriate for the social worker? (Choose two.)

- ☒ **A** Document the disclosure in the clinical record and discuss with the supervisor.
- ☐ **B** Report the client to authorities for potential suicide risk without further assessment.
- ☒ **C** Explore the client's feelings, values, and reasons for the thought in a non-judgmental manner.
- ☐ **D** Immediately disclose the information to the client's family to ensure safety.

**ANSWER A - C**

**WHY** Correct: A and C. Ethical practice requires careful assessment, supervision, and documentation (A) and a non-judgmental exploration of the client's perspective (C). Option B is premature—reporting without assessment may breach confidentiality and is not required for a suicidal ideation disclosure under NASW standards. Option D violates client confidentiality and autonomy.

**QUESTION 2**

MULTIPLE CHOICE

In which situations is a social worker ethically and/or legally permitted to break confidentiality without client consent? (Choose two.)

- ☒ **A** The client discloses intent to harm a specific, identifiable third party.
- ☐ **B** The social worker suspects the client is unhappy with their treatment.
- ☒ **C** A court orders the release of records with proper legal authority.
- ☐ **D** A colleague casually asks about a client they know socially.

**ANSWER A - C**

**WHY** Correct: A and C. The duty to warn/protect applies when there is a credible threat to an identifiable third party (Tarasoff), and valid court orders legally compel disclosure. Option B is not a confidentiality exception, and Option D is an improper request that the social worker must decline.

**QUESTION 3** SINGLE CHOICE

According to Erikson's stages of psychosocial development, the central conflict of early adulthood (roughly ages 18–40) is:

- ☐ A Identity vs. Role Confusion
- ☒ B Intimacy vs. Isolation
- ☐ C Generativity vs. Stagnation
- ☐ D Integrity vs. Despair

**ANSWER B**

**WHY** Intimacy vs. Isolation is the stage associated with young adulthood. Option A (Identity vs. Role Confusion) corresponds to adolescence, Option C to middle adulthood, and Option D to late adulthood.

**QUESTION 4** SINGLE CHOICE

A social worker is working with a family whose cultural practices around gender roles differ from the social worker's own values. The MOST appropriate initial approach is to:

- ☐ A Encourage the family to adopt the social worker's perspective on gender roles.
- ☒ B Use the principle of cultural humility and assess the family's own goals and strengths.
- ☐ C Refer the family to a practitioner of the same cultural background.
- ☐ D Avoid discussing gender roles altogether to prevent offending the family.

**ANSWER B**

**WHY** Cultural humility requires ongoing self-reflection and a client-led approach that respects the family's values while assessing their stated goals. Option A imposes values, Option C is unnecessarily restrictive, and Option D avoids a legitimate area of assessment.

**QUESTION 5** SINGLE CHOICE

Cognitive Behavioral Therapy (CBT) in social work practice primarily focuses on:

- ☐ A Resolving unconscious conflicts from early childhood experiences.
- ☒ B Identifying and restructuring maladaptive thought patterns and behaviors.
- ☐ C Modifying behavior through reinforcement schedules alone.
- ☐ D Exploring transference and countertransference in the therapeutic relationship.

**ANSWER B**

**WHY** CBT centers on identifying distorted cognitions and behavioral patterns and developing skills to modify them. Option A reflects psychodynamic theory, Option C reflects pure behaviorism, and Option D is associated with psychodynamic approaches.

**QUESTION 6** SINGLE CHOICE

Under the NASW Code of Ethics, when a social worker discovers a colleague has engaged in unethical conduct, the social worker's FIRST obligation is to:

- ☐ A File a formal complaint with the licensing board immediately.
- ☒ B Address the unethical conduct directly with the colleague when appropriate and feasible.
- ☐ C Report the colleague to their employer without first gathering information.
- ☐ D Discuss the colleague's behavior with clients to protect them.

**ANSWER B**

**WHY** The Code of Ethics states that social workers should first attempt to address unethical conduct with the colleague directly when feasible and appropriate, before escalating. Option A may follow if the issue is not resolved, Option C skips the collegial step, and Option D breaches confidentiality.

**QUESTION 7**

SINGLE CHOICE

Which of the following best describes the purpose of the National Association of Social Workers (NASW)?

- ☐ A To license social workers in each U.S. state.
- ☒ B To promote the professional development of social workers and maintain the Code of Ethics.
- ☐ C To provide direct mental health treatment to clients.
- ☐ D To replace state regulatory boards in disciplinary matters.

**ANSWER B**

**WHY** NASW is a professional membership organization that develops the Code of Ethics, advocates for the profession, and supports professional development. State licensing boards—not NASW—license practitioners (A, D), and social workers provide direct services but NASW itself does not (C).

**QUESTION 8**

SINGLE CHOICE

Informed consent requires that the social worker explain all of the following EXCEPT:

- ☐ A The nature and purpose of the services to be provided.
- ☐ B The client's right to confidentiality and its limits.
- ☒ C The social worker's personal religious beliefs about the client's situation.
- ☐ D The risks, benefits, and alternatives to the proposed services.

**ANSWER C**

**WHY** Informed consent covers service purpose, confidentiality limits, and risks/benefits/alternatives, but does NOT require sharing the social worker's personal beliefs. Imposing personal beliefs would actually violate professional boundaries and ethical standards.

**QUESTION 9**

SINGLE CHOICE

When working with a client who has experienced a recent traumatic event, the FIRST phase of trauma-informed care typically emphasizes:

- ☐ A Processing traumatic memories through prolonged exposure.
- ☒ B Establishing safety, stabilization, and rapport before trauma processing.
- ☐ C Confronting the client's avoidance behaviors immediately.
- ☐ D Developing a detailed written trauma narrative.

**ANSWER B**

**WHY** Phased models (e.g., the three-phase model by Herman) begin with safety and stabilization before any trauma memory processing. Options A, C, and D describe later-stage interventions that should not precede stabilization.