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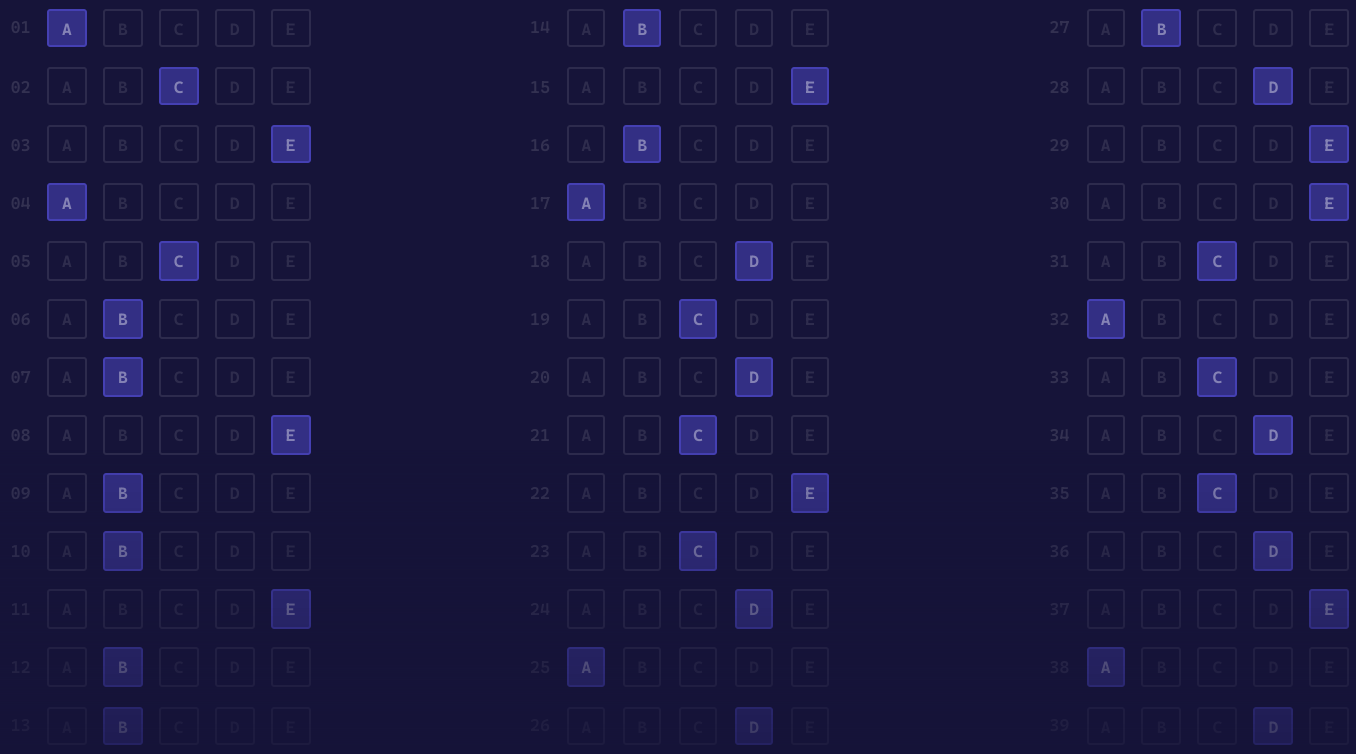


PRACTICE QUESTIONS

## Alabama Cosmetology

# AAGYZYH6

AL Instructor - Theory

| EDITION | QUESTIONS | FORMAT |
| --- | --- | --- |
| Demo | 9 | Limited Edition PDF |

# Before you begin

## What this is

9 practice questions for Alabama Cosmetology `AAGYZYH6`, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

## If something looks wrong

Send us three things and we will check it:

- the exam code, `AAGYZYH6`
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

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**QUESTION 1** SINGLE CHOICE

Which of the following is a primary responsibility of a licensed cosmetology instructor in Alabama?

A Selling retail products directly to clients of the school

**B Providing supervised theoretical and practical instruction to students enrolled in an approved cosmetology program**

C Performing chemical services on the public without a separate operator license

D Managing the financial accounts of the cosmetology school

**ANSWER B**

**WHY** An Alabama cosmetology instructor's primary role is to provide both theoretical instruction and supervised practical training to students in an approved program. Selling retail products, performing services on the public without an operator license, and managing school finances are not the core instructional responsibilities defined for this license type.

**QUESTION 2** SINGLE CHOICE

Under Alabama cosmetology rules, an instructor must be physically present and actively supervising students whenever they are performing practical services. This requirement exists primarily to ensure:

A Faster completion of student service times

B Compliance with state tax reporting requirements

**C Student safety, proper technique, and protection of the public**

D Increased product sales for the school

**ANSWER C**

**WHY** The instructor's direct supervision requirement is designed to protect the public by ensuring that services are performed safely and correctly while students are still learning. It is a public-safety and competency requirement, not a financial or productivity measure.

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**QUESTION 3** SINGLE CHOICE

Which sanitation practice is required for multi-use tools such as shears, clippers, and metal implements between clients in an Alabama cosmetology school?

A Wiping them with a dry towel

B Rinsing them in warm water only

**C** **Cleaning and then disinfecting them with an EPA-registered disinfectant according to label directions**

D Placing them in a closed drawer until the next client

**ANSWER** **C**

**WHY** Alabama cosmetology rules require that multi-use implements be cleaned and then disinfected with an EPA-registered hospital-grade or cosmetic-grade disinfectant following the manufacturer's contact-time directions. Wiping, rinsing, or simply storing them does not meet the disinfection standard.

**QUESTION 4** SINGLE CHOICE

Which type of microorganism is described as a single-celled organism that lacks a true nucleus and is commonly targeted by disinfection in the salon?

A Virus

**B** **Bacterium**

C Fungus

D Parasite

**ANSWER** **B**

**WHY** Bacteria are single-celled microorganisms that lack a true nucleus (prokaryotes). Disinfection and, when appropriate, sterilization procedures in the salon are specifically designed to control bacteria on tools and surfaces.

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**QUESTION 5** SINGLE CHOICE

The living layer of the hair shaft that contains pigment and is responsible for the hair's strength and elasticity is called the:

A Cuticle

**B Cortex**

C Medulla

D Follicle

**ANSWER B**

**WHY** The cortex is the middle layer of the hair shaft. It contains the melanin (pigment) that gives hair its color and is responsible for the hair's strength and elasticity. The cuticle is the protective outer layer, the medulla is the innermost core (when present), and the follicle is the structure within the skin from which the hair grows.

**QUESTION 6** SINGLE CHOICE

Before performing a chemical relaxer service, the instructor should ensure the student has completed which essential step?

A A patch test only if the client requests it

**B A thorough scalp and hair analysis, including a strand test and review of the client's history**

C A permanent color application to confirm porosity

D A high-frequency treatment to open the cuticle

**ANSWER B**

**WHY** A complete scalp and hair analysis, including a strand test and review of the client's chemical history, is required prior to any chemical service. Patch tests relate to allergic reactions for color; permanent color and high-frequency treatments are not assessment steps and would themselves be chemical services.

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**QUESTION 7** SINGLE CHOICE

Which of the following best describes the purpose of writing a daily lesson plan as a cosmetology instructor?

A To satisfy a state filing requirement only

**B To organize learning objectives, instructional methods, and assessment of student progress**

C To replace the official state curriculum

D To reduce the number of practical demonstrations required

**ANSWER B**

**WHY** A daily lesson plan is an instructional tool that organizes objectives, content, delivery methods, and evaluation of student learning. It supports consistent, effective instruction and aligns with the approved school curriculum rather than replacing it.

**QUESTION 8** MULTIPLE CHOICE

Which of the following are enforced by the Alabama Board of Cosmetology regarding licensed cosmetology schools and instructors? (Choose two.)

**A Maintaining student records of hours and practical work completed**

B Issuing driver's licenses to graduates

**C Displaying the school and instructor licenses in a conspicuous place**

D Setting federal income tax rates for salon owners

**ANSWER A · C**

**WHY** Alabama Board rules require cosmetology schools to maintain accurate student records of training hours and practical work, and require licenses for the school and instructors to be displayed conspicuously. Driver's licenses are issued by the state Department of Public Safety, and federal income tax rates are not within the Board's authority.

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**QUESTION 9** MULTIPLE CHOICE

Which conditions observed on a client's scalp should cause a cosmetology instructor to instruct the student to refuse a chemical service and refer the client to a physician? (Choose two.)

**A** **Open sores, cuts, or abrasions on the scalp**

B A clean, healthy scalp with normal porosity

**C** **Presence of ringworm or other contagious infection**

D Hair that has been freshly shampooed and conditioned

**ANSWER** **A · C**

**WHY** Open lesions and contagious infections such as ringworm are contraindications to chemical services and must be referred to a physician before service. A healthy scalp and freshly shampooed hair are normal conditions that do not require referral.

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