

01	☐ A	☐ B	☐ C	☐ D	☐ E
02	☐ A	☐ B	☒ C	☐ D	☐ E
03	☐ A	☐ B	☒ C	☐ D	☐ E
04	☐ A	☒ B	☐ C	☐ D	☐ E
05	☐ A	☒ B	☐ C	☐ D	☐ E
06	☐ A	☒ B	☐ C	☐ D	☐ E
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13	☐ A	☐ B	☐ C	☒ D	☐ E

14	☐ A	☐ B	☐ C	☐ D	☒ E
15	☐ A	☐ B	☐ C	☒ D	☐ E
16	☐ A	☐ B	☐ C	☒ D	☐ E
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27	☐ A	☐ B	☐ C	☐ D	☒ E
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31	☐ A	☐ B	☐ C	☒ D	☐ E
32	☐ A	☐ B	☒ C	☐ D	☐ E
33	☐ A	☒ B	☐ C	☐ D	☐ E
34	☐ A	☐ B	☒ C	☐ D	☐ E
35	☐ A	☐ B	☐ C	☒ D	☐ E
36	☐ A	☒ B	☐ C	☐ D	☐ E
37	☐ A	☐ B	☐ C	☐ D	☒ E
38	☐ A	☐ B	☐ C	☒ D	☐ E
39	☐ A	☐ B	☒ C	☐ D	☐ E

PRACTICE QUESTIONS

Alabama Cosmetology

JGLW6WHU

AL Manicurist - Theory

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for Alabama Cosmetology **JGLW6WHU**, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, **JGLW6WHU**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

SINGLE CHOICE

Which part of the nail unit is the hard, keratinized plate that protects the fingertip?

- ☐ A Nail bed
- ☐ B Nail matrix
- ☒ C Nail plate
- ☐ D Cuticle

ANSWER C

WHY The nail plate is the hard, keratinized portion of the nail unit that protects the fingertip. The nail bed lies beneath the plate, the matrix produces the nail cells, and the cuticle seals the matrix at the base.

QUESTION 2

SINGLE CHOICE

Which level of EPA-registered disinfectant is required for implements that come into contact with broken skin or blood?

- ☐ A Low-level disinfectant
- ☒ B Intermediate-level disinfectant
- ☐ C High-level disinfectant
- ☐ D Hospital-grade cleaner

ANSWER B

WHY Intermediate-level disinfectants are required for non-porous implements that may contact blood or bodily fluids, which is the standard in nail salons. Low-level is acceptable only for intact-skin surfaces, while high-level is reserved for items that actually penetrate skin.

QUESTION 3 SINGLE CHOICE

A client presents with a greenish discoloration on the nail plate, most often associated with *Pseudomonas* bacteria. This condition is known as:

- ☐ A Onychomycosis
- ☒ B Green nail syndrome
- ☐ C Beau's lines
- ☐ D Pterygium

ANSWER B

WHY Green nail syndrome (chloronychia) is caused by a *Pseudomonas* bacterial infection and appears as a green discoloration, typically under or within the nail plate. Onychomycosis is a fungal infection, Beau's lines are transverse ridges, and pterygium is the overgrowth of cuticle tissue.

QUESTION 4 SINGLE CHOICE

Which of the following conditions would be considered a contraindication for performing a standard manicure service?

- ☐ A Well-controlled eczema on the hands
- ☐ B Recent acrylic nail application
- ☒ C Active fungal infection of the nail
- ☐ D Dry cuticles

ANSWER C

WHY An active fungal infection is a contraindication for nail services because it can spread to other clients and may worsen with manipulation. Dry cuticles and recent acrylics are not contraindications, and well-controlled eczema is generally acceptable.

QUESTION 5

SINGLE CHOICE

How long should a manicurist wash their hands with soap and warm water before and after each service, according to standard guidelines?

- ☐ A At least 5 seconds
- ☐ B At least 10 seconds
- ☒ C At least 20 seconds
- ☐ D At least 60 seconds

ANSWER C

WHY Standard infection control guidelines recommend washing hands with soap and warm water for at least 20 seconds before and after each service to effectively reduce pathogens. Shorter durations are insufficient for proper sanitation.

QUESTION 6

SINGLE CHOICE

The nail matrix is responsible for which function?

- ☒ A Producing new nail cells
- ☐ B Anchoring the nail plate to the bed
- ☐ C Sealing the hyponychium
- ☐ D Providing blood supply to the fingertip

ANSWER A

WHY The matrix is the active tissue at the base of the nail unit that produces new keratinized nail cells, which then push forward to form the visible nail plate. The other options describe the function of the nail bed, hyponychium, and vascular system, respectively.

QUESTION 7

SINGLE CHOICE

Which method of tool sterilization is appropriate for metal manicure implements such as nippers and pushers?

- ☐ A Wiping with isopropyl alcohol
- ☐ B UV light sanitizer only
- ☒ C Autoclave or dry heat sterilization
- ☐ D Soaking in warm soapy water

ANSWER C

WHY Properly cleaned metal implements that may contact blood should be sterilized using an autoclave or dry heat sterilizer, per salon sanitation standards. Alcohol and UV light are surface disinfectants and do not achieve sterilization; soap and water cleans but does not disinfect.

QUESTION 8

SINGLE CHOICE

When filing a natural nail during a manicure, the file should be used in which direction to prevent splitting and damage?

- ☐ A Back and forth rapidly across the free edge
- ☒ B In one direction from side to center
- ☐ C Only on the underside of the free edge
- ☐ D In circular motions around the entire nail

ANSWER B

WHY Filing in one direction, from the side toward the center of the nail, prevents the bending forces that cause splitting and delamination. Sawing back and forth creates microscopic cracks, and filing the underside or in circles is not standard practice.

QUESTION 9

MULTIPLE CHOICE

Which of the following are acceptable single-use items in a manicure service? (Choose two.)

- ☐ **A** Orangewood stick cuticle pusher
- ☒ **B** Disposable nail file
- ☐ **C** Reusable metal nippers
- ☒ **D** Disposable buffer block

ANSWER **B - D**

WHY Disposable nail files and disposable buffer blocks are designed for single use and are discarded after each client. Orangewood sticks may be disposable but metal nippers are reusable implements that must be properly cleaned and disinfected between clients.