

01	☐ A	☐ B	☐ C	☐ D	☐ E
02	☐ A	☐ B	☐ C	☐ D	☐ E
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35	☐ A	☐ B	☐ C	☐ D	☐ E
36	☐ A	☐ B	☐ C	☐ D	☐ E
37	☐ A	☐ B	☐ C	☐ D	☐ E
38	☐ A	☐ B	☐ C	☐ D	☐ E
39	☐ A	☐ B	☐ C	☐ D	☐ E

PRACTICE QUESTIONS

Alabama Cosmetology

PW8VTVLV

AL Natural Hair Styling - Practical

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for Alabama Cosmetology **PW8VTVLV**, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, **PW8VTVLV**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

SINGLE CHOICE

Before performing any natural hair styling service, what is the FIRST step a natural hair stylist must complete?

- ☐ A Shampoo and condition the client's hair
- ☒ B Perform a thorough client consultation and scalp/hair analysis
- ☐ C Apply a pre-poo treatment to soften the hair
- ☐ D Section the hair into four equal quadrants for styling

ANSWER B

WHY The client consultation and hair/scalp analysis is always the first step. It allows the stylist to identify the client's hair type, condition, any contraindications (such as scalp disorders), and the client's desired outcome. Skipping this step could result in damage to the client's hair or scalp and is considered an unsafe practice.

QUESTION 2

SINGLE CHOICE

Which of the following is the proper procedure for disinfecting combs, brushes, and styling implements between clients?

- ☐ A Wipe them with a clean, dry towel and store them in a closed cabinet
- ☐ B Wash with soap and water only, then dry with a blow dryer
- ☒ C Clean with soap and water, then immerse in an EPA-registered disinfectant according to manufacturer directions
- ☐ D Spray with rubbing alcohol and allow to air dry for five minutes

ANSWER C

WHY Alabama Board of Cosmetology rules require that all implements be properly cleaned with soap and water to remove debris, then completely immersed in an EPA-registered disinfectant for the time specified by the manufacturer. Wiping, blow-drying, or a quick alcohol spray do not meet the required sanitation standard.

QUESTION 3

SINGLE CHOICE

When shampooing natural (kinky/curly) hair, what technique should the stylist use to minimize breakage and tangling?

- ☐ A Vigorously scrub the scalp in a circular motion with the pads of the fingers
- ☒ B Apply shampoo and massage the scalp gently, then smooth the shampoo down the hair shaft without tangling
- ☐ C Scrub the hair strands together between the palms to create a heavy lather
- ☐ D Use a fine-tooth comb to detangle the hair while shampooing is still on the strands

ANSWER B

WHY Natural hair is most fragile when wet. The correct technique is to gently massage the scalp with the pads of the fingers and smooth the shampoo down the hair shaft from roots to ends rather than scrubbing or rubbing strands together, which causes tangles and breakage. Fine-tooth combing should never be done during the shampoo process.

QUESTION 4

SINGLE CHOICE

A client's natural hair quickly absorbs water and products, feels dry shortly after conditioning, and tends to frizz. This hair is best classified as having which porosity?

- ☐ A Low porosity
- ☐ B Normal porosity
- ☒ C High porosity
- ☐ D Medium porosity

ANSWER C

WHY High porosity hair has a raised or damaged cuticle layer that allows moisture to be absorbed quickly but also lost quickly, leaving the hair feeling dry and prone to frizz. Low porosity hair resists moisture absorption, and normal/medium porosity hair holds moisture at a balanced rate.

QUESTION 5

SINGLE CHOICE

When creating a two-strand twist on natural hair, what is the correct method for finishing each twist?

- ☐ A Twist the two strands tightly all the way to the ends and seal by rolling the ends around the base
- ☒ B Twist the strands down the hair shaft and seal the ends by twisting them together tightly so they do not unravel
- ☐ C Stop twisting halfway down the strand and apply a curl activator to hold the shape
- ☐ D Twist in opposite directions on each section so the style lays flat against the scalp

ANSWER B

WHY A properly executed two-strand twist is twisted evenly down the entire length of the strand, and the ends are sealed by twisting them tightly together so they do not unravel. Twisting only halfway, twisting only at the scalp, or wrapping ends around the base would not produce a long-lasting two-strand twist.

QUESTION 6

SINGLE CHOICE

During cornrow braiding on natural hair, what tension technique helps prevent scalp damage and hair loss (traction alopecia)?

- ☐ A Braid as tightly as possible so the style will last longer
- ☒ B Apply firm, even tension at the scalp, then braid loosely down the length of the braid
- ☐ C Apply loose tension throughout the braid so the style looks natural
- ☐ D Pull each braid away from the scalp while braiding to create a raised pattern

ANSWER B

WHY Proper cornrowing requires firm, even tension at the scalp so the braid lays flat and neat, but the tension should ease as the braid continues down the hair shaft. Pulling tight throughout causes traction alopecia, while braiding too loose throughout causes the style to come undone and look messy.

QUESTION 7

SINGLE CHOICE

Which of the following is the recommended method for maintaining starter locs on a client with natural hair?

- ☐ A Wash the locs daily with a clarifying shampoo and comb them out each morning
- ☒ B Keep the hair dry, avoid combing or brushing, and schedule maintenance appointments every 4–6 weeks for retwisting or interlocking
- ☐ C Apply heavy oil daily and re-twist the locs at home every other day
- ☐ D Comb the locs upward toward the scalp each night and tie them with a rubber band

ANSWER B

WHY Locs require a dry environment to form properly. Combing, brushing, or removing the locs interferes with the locking process, and heavy daily oils can cause buildup and hinder locking. Regular professional maintenance every 4–6 weeks keeps the locs tight and neat at the scalp.

QUESTION 8

SINGLE CHOICE

A client presents with red, inflamed patches on the scalp with visible flaking and itching. What is the correct course of action for the natural hair stylist?

- ☐ A Proceed with the styling service using only gentle, fragrance-free products
- ☐ B Apply a medicated oil treatment and proceed with the styling service
- ☒ C Refuse the service and refer the client to a licensed medical professional for diagnosis and treatment
- ☐ D Shampoo the hair with an anti-dandruff shampoo and continue with the service

ANSWER C

WHY Red, inflamed, itchy, flaky patches are signs of a possible scalp disorder or contagious condition. A natural hair stylist is not licensed to diagnose or treat scalp disorders, and providing a service over an affected scalp could worsen the condition or spread infection. The correct action is to refuse the service and refer the client to a physician.

QUESTION 9

MULTIPLE CHOICE

Which of the following are required sanitation practices in a natural hair styling establishment in Alabama? (Choose two.)

- ☒ **A** Disinfecting all implements between each client
- ☐ **B** Reusing disposable gloves on a different client if they appear clean
- ☒ **C** Storing clean and soiled implements in separate, labeled containers
- ☐ **D** Smoking in the styling area when no clients are present

ANSWER A • C

WHY Implements must be properly cleaned and disinfected between every client, and clean implements must be stored separately from soiled ones to prevent cross-contamination. Disposable gloves are single-use and must be discarded after each client, and smoking is prohibited in the service area under sanitation rules.