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39	A	B	C	D	E

PRACTICE QUESTIONS

CA BOARD OF BARBERING AND COSMETOLOGY

SBFGKLEJ

CA Esthetician Korean Examination

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for CA BOARD OF BARBERING AND COSMETOLOGY **SBFGKLEJ**, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, **SBFGKLEJ**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

MULTIPLE CHOICE

Which of the following items used on a client must be disposed of in a sharps container immediately after use? (Choose two.)

- ☒ **A** Used single-use lancet for extractions
- ☐ **B** Used disposable mascara wand
- ☒ **C** Used straight razor blade from a shave service
- ☐ **D** Used cotton pad soaked with toner

ANSWER A - C

WHY Single-use lancets used to open lesions for extractions and straight razor blades used to shave are both considered sharps and must be disposed of immediately in an approved sharps container. Disposable mascara wands are single-use but are not sharps and go in the regular trash. Soaked cotton pads are also regular waste, not sharps.

QUESTION 2

MULTIPLE CHOICE

Which of the following are acceptable methods for disinfecting multi-use esthetic tools such as metal extractors and tweezers between clients? (Choose two.)

- ☐ **A** Wiping with a disposable alcohol pad
- ☒ **B** Full immersion in an EPA-registered hospital-grade disinfectant for the label-listed contact time
- ☐ **C** Rinsing under hot running water only
- ☒ **D** Full immersion in a properly prepared EPA-registered disinfectant solution following manufacturer directions

ANSWER B - D

WHY Surfaces that contact only intact skin (non-critical items) may be wiped and then immersed, but to be properly disinfected they must be fully immersed in an EPA-registered disinfectant at the correct dilution for the full contact time listed on the product label. An alcohol wipe alone is not adequate disinfection for tools that may carry blood or bodily fluid. Hot water rinsing has no disinfecting action.

QUESTION 3

SINGLE CHOICE

Before performing any esthetic service on a client, what is the first step the licensee must complete as required by California Board rules?

- ☐ A Apply a toner to balance the skin's pH
- ☐ B Obtain a signed written consent for photography
- ☒ C Perform a consultation that includes a review of the client's health history and skin analysis
- ☐ D Issue a refund policy document

ANSWER C

WHY California Board rules require the esthetician to perform a pre-service consultation that includes reviewing the client's health history and assessing the condition of the skin before any service is rendered. The skin analysis and health history identify contraindications and guide product and service selection.

QUESTION 4

SINGLE CHOICE

Under California Board rules, what is the minimum age requirement for a person to receive an esthetic service in a licensed establishment without parental or guardian consent?

- ☐ A 16 years of age
- ☒ B 18 years of age
- ☐ C 21 years of age
- ☐ D There is no minimum age requirement

ANSWER B

WHY California Board rules require clients receiving services regulated by the Board, including esthetic services, to be at least 18 years of age, or to have a parent or legal guardian sign a consent form for the service. This protects minors from receiving services for which a parent/guardian has not given approval.

QUESTION 5

SINGLE CHOICE

When performing an esthetic service that involves the possibility of blood or body fluid exposure, such as extractions, what personal protective equipment is required by the California Board?

- ☐ A A cloth apron only
- ☒ B Single-use disposable gloves
- ☐ C A face mask only
- ☐ D A hair covering only

ANSWER B

WHY Board rules and standard precautions require the esthetician to wear single-use disposable gloves any time there is a reasonable likelihood of contact with blood, bodily fluids, mucous membranes, or non-intact skin. Extractions often break the skin, so gloves are required.

QUESTION 6

SINGLE CHOICE

The outermost layer of the epidermis is called the:

- ☒ A Stratum corneum (horny layer)
- ☐ B Stratum germinativum (basal layer)
- ☐ C Dermis
- ☐ D Subcutaneous layer

ANSWER A

WHY The stratum corneum, also called the horny layer, is the outermost layer of the epidermis. It is composed of dead, flattened keratinized cells that are continuously shed and replaced by cells from the underlying layers. The dermis and subcutaneous layer lie beneath the epidermis.

QUESTION 7 SINGLE CHOICE

A client presents with active cold sores (herpes simplex) around the mouth and requests a facial that includes extractions. The esthetician should:

- ☐ A Perform the facial but skip the extractions
- ☐ B Perform the full facial, including extractions, as requested
- ☒ C Refuse the service and recommend the client see a physician before any esthetic service
- ☐ D Apply a strong exfoliant to reduce the lesions

ANSWER C

WHY Active herpes simplex is a contagious skin disorder and a contraindication for facial services, particularly those involving extractions, because the infection can spread and the skin is compromised. The esthetician must refuse the service and advise the client to consult a physician before esthetic services can be safely performed.

QUESTION 8 SINGLE CHOICE

During a facial, after applying a warm towel and a softening product to the skin, the next step in a proper extraction sequence is to:

- ☐ A Apply a high-frequency current directly over the comedones
- ☒ B Wrap the index fingers in cotton or use an extractor and apply gentle, even pressure on either side of the blemish
- ☐ C Use a rotary brush to scrub the area vigorously
- ☐ D Apply a clay mask immediately

ANSWER B

WHY Proper extraction technique requires fingers or an extractor to apply gentle, even pressure laterally around the lesion after the skin is softened. Vigorous scrubbing or applying products that irritate the skin is incorrect. High-frequency current is not applied directly over open lesions.

QUESTION 9

SINGLE CHOICE

Which ingredient in cosmetic products is most commonly used as a preservative to inhibit the growth of bacteria and fungi?

- ☐ A Glycerin
- ☐ B Titanium dioxide
- ☒ C Parabens
- ☐ D Stearic acid

ANSWER C

WHY Parabens (such as methylparaben and propylparaben) are a class of preservatives widely used in cosmetics to inhibit microbial growth and extend product shelf life. Glycerin is a humectant, titanium dioxide is a sunscreen/opacifier, and stearic acid is an emulsifier/thickener.