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39	A	B	C	D	E

PRACTICE QUESTIONS

Commission on Rehabilitation Counselor Certification (CRCC)

CRC

Certified Rehabilitation Counselor

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for Commission on Rehabilitation Counselor Certification (CRCC) **CRC**, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, **CRC**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1 SINGLE CHOICE

Under the CRCC Code of Ethics, in which of the following situations is a rehabilitation counselor permitted to disclose confidential information without the client's consent?

- ☒ **A** When disclosure is required by law or is necessary to prevent serious, foreseeable harm
- ☐ **B** Only when the client provides written consent at the start of the relationship
- ☐ **C** Whenever the counselor believes it would benefit the client's rehabilitation plan
- ☐ **D** When the client's family members request information about the client's progress

ANSWER A

WHY The CRCC Code of Ethics requires rehabilitation counselors to protect the confidentiality of clients unless disclosure is required by law or to prevent serious harm. This is a fundamental ethical principle in rehabilitation counseling.

QUESTION 2 MULTIPLE CHOICE

A rehabilitation counselor is using Bronfenbrenner's ecological model to assess a client's environment. Which of the following are examples of environmental systems that the counselor should evaluate? (Choose two.)

- ☒ **A** The client's peer group and social support network
- ☐ **B** The client's cognitive distortions about their disability
- ☐ **C** The client's vocational interests and aptitudes
- ☒ **D** The client's financial resources and housing stability

ANSWER A - D

WHY The ecological model (Bronfenbrenner) emphasizes multiple environmental systems affecting the individual. Peer relationships are part of the microsystem, and the client's financial situation is part of the exosystem. Cognitive distortions are an intrapersonal factor, not an ecological system. Vocational interests are a personal characteristic, not an environmental system.

QUESTION 3

SINGLE CHOICE

A rehabilitation counselor is working with a client who has a chronic pain condition. The counselor considers the client's physical limitations, emotional responses to pain, and the accessibility of the client's workplace. Which model of disability is the counselor most likely applying?

- ☐ A The medical model, which emphasizes the biological impairment as the primary cause of disability
- ☐ B The social model, which views disability as a result of societal barriers and attitudes
- ☒ C The biopsychosocial model, which considers the interplay of biological, psychological, and social factors
- ☐ D The moral model, which attributes disability to spiritual or moral failings

ANSWER C

WHY The biopsychosocial model integrates biological, psychological, and social factors in understanding disability. It is a holistic approach that considers the interaction of these domains, unlike the medical model (focus on biological deficit) or social model (focus on societal barriers). The biopsychosocial model is foundational in rehabilitation counseling.

QUESTION 4

SINGLE CHOICE

For the purpose of Social Security Disability Insurance (SSDI) eligibility, how is disability defined by the Social Security Administration?

- ☐ A An impairment that prevents the individual from performing their previous job
- ☒ B The inability to engage in any substantial gainful activity (SGA) due to a medically determinable impairment lasting at least 12 months or expected to result in death
- ☐ C A physical or mental condition that results in a 50% or greater reduction in earning capacity
- ☐ D A diagnosis from a licensed physician that confirms a permanent disability

ANSWER B

WHY The Social Security Administration (SSA) defines disability as the inability to engage in any substantial gainful activity (SGA) due to a medically determinable physical or mental impairment that is expected to result in death or has lasted or is expected to last for a continuous period of at least 12 months. This is the standard for SSDI and SSI.

QUESTION 5

SINGLE CHOICE

A rehabilitation counselor is conducting a vocational evaluation for a client with a traumatic brain injury. Which of the following best describes the use of a situational assessment in this process?

- ☐ A Administering a standardized achievement test to measure academic skills
- ☐ B Conducting a medical examination to determine physical capacity
- ☐ C Analyzing the client's previous job descriptions to identify transferable skills
- ☒ D Observing the client performing tasks in a controlled work setting to evaluate work behaviors and social skills

ANSWER D

WHY Situational assessment involves observing the client's performance in real or simulated work environments to evaluate work behaviors, interpersonal skills, and job readiness. This is distinct from psychometric testing (standardized tests), medical assessment, or transferable skills analysis (which focuses on existing skills from previous work).

QUESTION 6

SINGLE CHOICE

Which of the following statements accurately reflects a provision of the Americans with Disabilities Act (ADA) as it applies to employment?

- ☒ **A** An employer with 20 employees may not refuse to hire a qualified individual with a disability because of the disability
- ☐ **B** An employer must create a new, less demanding job for an employee who becomes disabled
- ☐ **C** An employer is not required to provide any accommodations if the accommodation would cost more than \$500
- ☐ **D** An employer can terminate an employee with a disability if the disability results in increased health insurance costs

ANSWER A

WHY The Americans with Disabilities Act (ADA) prohibits discrimination against individuals with disabilities in all aspects of employment, including hiring, promotion, training, and termination. It applies to employers with 15 or more employees. It does not require employers to create new positions (reasonable accommodation is about modifying existing jobs or the work environment).

QUESTION 7 SINGLE CHOICE

A rehabilitation counselor is using a technique in which the client speaks to an empty chair representing a significant person with whom the client has unresolved conflict. This technique is most associated with which therapeutic approach?

- ☐ A Systematic desensitization
- ☐ B Cognitive restructuring
- ☒ C Empty chair technique
- ☐ D Rational-emotive imagery

ANSWER C

WHY The empty chair technique is a Gestalt therapy technique in which the client addresses an empty chair as if it held a person or part of the self. This helps the client explore conflicting feelings, complete unfinished business, and integrate disowned aspects of the self. It is not a behavioral, cognitive, or rational-emotive technique.

QUESTION 8 SINGLE CHOICE

A rehabilitation counselor is developing a research question to evaluate the effectiveness of a new job placement program for clients with mental health conditions. Which mnemonic is commonly used to structure such a research question in evidence-based practice?

- ☐ A SWOT: Strengths, Weaknesses, Opportunities, Threats
- ☒ B PICO: Population, Intervention, Comparison, Outcome
- ☐ C SMART: Specific, Measurable, Achievable, Relevant, Time-bound
- ☐ D LOGIC: Logic, Objectives, Goals, Indicators, Criteria

ANSWER B

WHY The PICO format is a mnemonic used to formulate research questions: Patient/Population, Intervention, Comparison, Outcome. It is widely used in evidence-based practice to structure clinical questions. The other options describe different research frameworks (e.g., SWOT analysis, logic model, SMART goals).

QUESTION 9

SINGLE CHOICE

In the Individualized Placement and Support (IPS) model of supported employment, which of the following represents the correct sequence of steps?

- ☐ A Job development → Vocational profile → Job coaching → Follow-along
- ☐ B Vocational profile → Job coaching → Job development → Follow-along
- ☐ C Engagement → Job development → Vocational profile → Follow-along
- ☒ D Engagement → Vocational profile → Job development → Job coaching → Follow-along

ANSWER D

WHY The order of the steps in the Individualized Placement and Support (IPS) model of supported employment is: (1) engage the client, (2) develop a vocational profile, (3) conduct job development, (4) provide job coaching and support, and (5) ensure long-term follow-along. This sequence emphasizes rapid job search after building a profile, with ongoing support. The other orders contain incorrect sequences (e.g., job coaching before job development).