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39	A	B	C	D	E

PRACTICE QUESTIONS

Dubai Health Authority (DHA)

PACU

Acupuncture Practitioner

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for Dubai Health Authority (DHA) PACU , each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, PACU
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

SINGLE CHOICE

Before initiating an acupuncture treatment, the practitioner must obtain informed consent. Which element is essential for the consent to be considered valid under DHA standards?

- ☐ A A verbal agreement that the patient accepts being treated
- ☐ B Written consent signed only after the treatment has started
- ☒ C A signed consent form that is kept confidential and securely stored
- ☐ D A consent obtained by the receptionist on behalf of the practitioner

ANSWER C

WHY DHA standards require that informed consent be documented in a signed form and that the documentation be kept confidential and securely stored. Verbal-only consent, post-treatment consent, and consent delegated to non-clinical staff do not satisfy these requirements.

QUESTION 2

SINGLE CHOICE

An acupuncture practitioner licensed by the DHA is permitted to perform which of the following activities?

- ☐ A Prescribe pharmaceutical medications to treat complex medical conditions
- ☒ B Insert acupuncture needles at specified points on the body to treat conditions within the licensed scope
- ☐ C Perform surgical procedures requiring general anesthesia
- ☐ D Order and interpret advanced imaging such as MRI and CT scans independently

ANSWER B

WHY The DHA scope of practice for acupuncture practitioners is limited to inserting acupuncture needles at specified points to treat conditions within the licensed scope. Prescribing medication, performing surgery, and independently ordering advanced imaging fall outside this scope.

QUESTION 3

SINGLE CHOICE

Which of the following conditions is an absolute contraindication to performing acupuncture needle insertion?

- ☐ A Mild seasonal allergies
- ☒ B Active infection at the proposed needling site
- ☐ C Mild low back pain during pregnancy
- ☐ D Generalized fatigue

ANSWER B

WHY An active infection at the proposed needling site is an absolute contraindication because needling through infected tissue can worsen the infection and spread pathogens. The other listed conditions are either not absolute contraindications or are managed with precautions rather than absolute avoidance.

QUESTION 4

SINGLE CHOICE

In traditional Chinese medicine, the extraordinary vessel most commonly associated with regulating the body's defensive (wei) qi and the exterior is the:

- ☐ A Chong Mai
- ☐ B Ren Mai
- ☒ C Du Mai
- ☐ D Dai Mai

ANSWER C

WHY The Du Mai (Governing Vessel) is classically associated with governing the yang of the body and is closely linked to wei qi and the body's exterior. Chong Mai regulates the blood and uterus, Ren Mai governs yin, and Dai Mai binds the channels laterally.

QUESTION 5 SINGLE CHOICE

Under DHA regulations, patient records maintained by an acupuncture practitioner must be kept for a minimum of how many years from the date of the last entry, unless a longer period is otherwise required?

- ☐ A 1 year
- ☒ B 5 years
- ☐ C 10 years
- ☐ D Permanently

ANSWER B

WHY DHA professional and clinical governance standards require that patient records be retained for a minimum of five years from the date of the last entry, unless a longer retention period is mandated by other applicable laws. Shorter retention periods do not meet DHA requirements.

QUESTION 6 SINGLE CHOICE

When needling a point on the back where a kidney is located, the standard safest technique is to:

- ☐ A Use deep perpendicular insertion to reach the organ directly
- ☐ B Needle obliquely toward the spine
- ☒ C Needle superficially and obliquely in a direction away from the spine and vital organs
- ☐ D Avoid using any needle technique and rely exclusively on moxibustion

ANSWER C

WHY Standard acupuncture safety practice requires needle insertion to be superficial and oblique, angled away from the spine and underlying vital organs such as the kidneys. Deep perpendicular insertion at these back points risks organ injury.

QUESTION 7

SINGLE CHOICE

To renew a DHA acupuncture professional license, a practitioner is required to:

- ☐ A Automatically renew the license without meeting any additional requirements
- ☒ B Complete the required continuing professional education hours within the licensing cycle
- ☐ C Submit a new full application, including a fresh licensing exam, each year
- ☐ D Practice only outside the Emirate of Dubai during the renewal period

ANSWER B

WHY DHA license renewal requires completion of the mandated continuing professional education (CPD) hours within the relevant cycle, along with other standard renewal conditions. Licenses are not auto-renewed, and repeat full applications with new exams are not required annually.

QUESTION 8

SINGLE CHOICE

If a patient experiences a significant adverse event following acupuncture treatment in a DHA-licensed facility, the practitioner is required to:

- ☐ A Manage the event quietly without documentation if the patient recovers
- ☐ B Document the event only in the patient's personal file without reporting externally
- ☒ C Report the event through the DHA incident reporting system in accordance with facility policy
- ☐ D Wait until the end of the year to include the event in an annual summary report

ANSWER C

WHY DHA clinical governance requires that significant adverse events be reported through the DHA incident reporting system in accordance with facility policy. Concealing the event, failing to report externally, or delaying reporting until year-end are not compliant.

QUESTION 9

SINGLE CHOICE

Under DHA regulations, an acupuncture practitioner is authorized to perform needling techniques primarily for which purpose?

- ☐ A Surgical intervention for internal organ pathology
- ☒ B Treatment of musculoskeletal, neurological, and functional disorders within the defined scope of complementary medicine
- ☐ C Prescription of pharmaceutical medications for chronic disease management
- ☐ D Independent management of acute medical emergencies without physician referral

ANSWER B

WHY DHA licenses acupuncture practitioners to provide complementary medicine services for conditions such as musculoskeletal, neurological, and functional disorders. Surgical procedures, prescribing medication, and independently managing acute emergencies fall outside the defined scope of practice.