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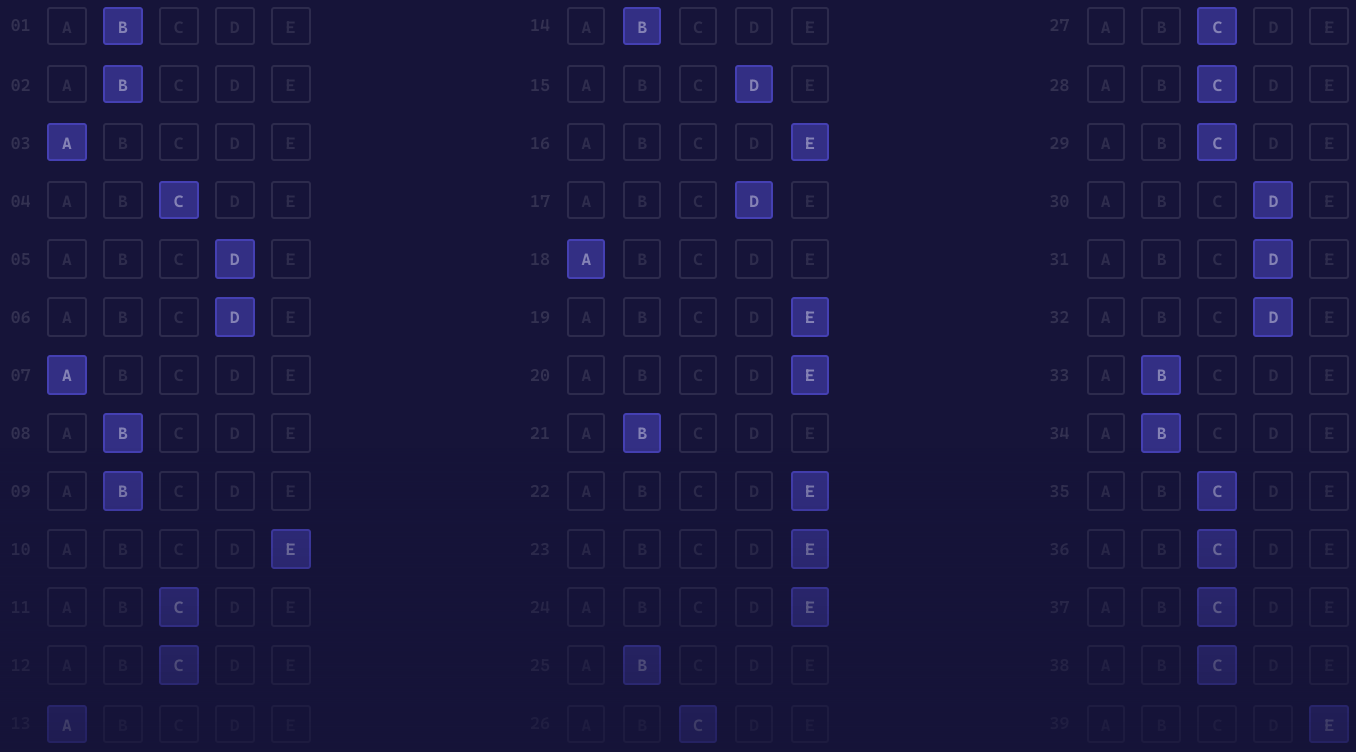


PRACTICE QUESTIONS

## Dubai Health Authority (DHA)

# RN

Registered Nurse Exam

| EDITION | QUESTIONS | FORMAT |
| --- | --- | --- |
| Demo | 9 | Limited Edition PDF |

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# Before you begin

## What this is

9 practice questions for Dubai Health Authority (DHA) `RN`, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

## If something looks wrong

Send us three things and we will check it:

- the exam code, `RN`
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

**QUESTION 1** MULTIPLE CHOICE

A registered nurse is preparing to perform a sterile wound dressing change. Which actions support surgical aseptic technique? (Choose two.)

**A** **Perform hand hygiene before opening sterile supplies**

**B** **Place sterile items within the sterile field's one-inch border**

C Recap a used needle before discarding it

D Use a sterile glove that touches the skin before being applied

ANSWER **A** · **B**

WHY Hand hygiene and keeping items within the sterile-field border are required aspects of surgical aseptic technique. A glove that touches skin is contaminated, and used needles must not be recapped before disposal.

**QUESTION 2** MULTIPLE CHOICE

Which assessment findings are expected in a healthy newborn during the first hours after birth? (Choose two.)

**A** **A heart rate of 140 beats per minute**

B Respirations primarily through the mouth

**C** **A respiratory rate of 44 breaths per minute**

D Inability to respond to a loud noise

ANSWER **A** · **C**

WHY A heart rate around 140 beats per minute and a respiratory rate of 44 breaths per minute are normal newborn findings. Newborns preferentially breathe through the nose and should respond to sound.

**QUESTION 3** SINGLE CHOICE

Which action is the nurse's priority before administering an intramuscular medication?

**A** **Verify the client's identity using two identifiers**

B Offer the client a snack

C Raise the head of the bed for every client

D Document the medication before entering the room

**ANSWER** **A**

**WHY** Correct client identification using two approved identifiers is an essential medication-safety step and must occur before administration.

**QUESTION 4** SINGLE CHOICE

A client is scheduled for a lumbar puncture. Which position should the nurse prepare the client to assume during the procedure?

**A** **Lateral recumbent position with the back arched and knees drawn toward the chest**

B Supine position with the legs extended

C Prone position with the head elevated

D Trendelenburg position with the arms extended

**ANSWER** **A**

**WHY** The lateral recumbent position with the back arched opens the spaces between the lumbar vertebrae and facilitates needle insertion.

**QUESTION 5** SINGLE CHOICE

Which assessment finding most strongly indicates that a client with asthma is experiencing worsening airflow obstruction?

**A** **Decreased peak expiratory flow rate**

B Increased urine output

C Warm, dry skin

D Bradycardia with clear breath sounds

**ANSWER** **A**

**WHY** A decreasing peak expiratory flow rate indicates worsening airway obstruction and reduced expiratory airflow in asthma.

**QUESTION 6** SINGLE CHOICE

Which finding should the nurse report immediately when assessing a client with suspected acute coronary syndrome?

**A** **New ST-segment elevation on cardiac monitoring**

B Heart rate of 72 beats per minute

C Blood pressure of 118/76 mm Hg

D Oxygen saturation of 97% on room air

**ANSWER** **A**

**WHY** New ST-segment elevation can indicate acute myocardial injury and requires immediate escalation and emergency evaluation.

**QUESTION 7** SINGLE CHOICE

A client with type 1 diabetes mellitus receives regular insulin. Which assessment finding most clearly indicates hypoglycemia?

**A** **Diaphoresis with tremor**

B Polyuria with dehydration

C Weight gain with edema

D Flushed skin with a fruity breath odor

**ANSWER** **A**

**WHY** Diaphoresis and tremor are adrenergic manifestations of hypoglycemia. Polyuria, dehydration, weight gain, and fruity breath odor are not typical immediate signs of low blood glucose.

**QUESTION 8** SINGLE CHOICE

A nurse is preparing to administer prescribed digoxin to a client. Which assessment finding warrants withholding the dose and notifying the prescribing clinician?

**A** **An apical pulse of 48 beats per minute**

B A respiratory rate of 18 breaths per minute

C A temperature of 37 degrees Celsius

D A pain score of 2 on a 0-to-10 scale

**ANSWER** **A**

**WHY** Digoxin can worsen bradycardia; an apical pulse of 48 beats per minute is a significant finding that warrants withholding the dose according to applicable parameters and notifying the prescribing clinician.

**QUESTION 9** SINGLE CHOICE

A client admitted with a suspected stroke suddenly becomes difficult to arouse. Which action should the nurse take first?

**A** **Activate the emergency stroke response and perform an immediate neurological assessment**

B Allow the client to sleep undisturbed for 30 minutes

C Place the client in a high-Fowler position and dim the room

D Administer a prescribed sedative to reduce agitation

**ANSWER** **A**

**WHY** A sudden decline in consciousness can indicate neurological deterioration. Activating the emergency response and immediately reassessing neurological status are the priority actions.