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39	A	B	C	D	E

PRACTICE QUESTIONS

Inspire Global Assessments/Inspire Évaluations Mondiales

BAS

Health Care Assistant

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for Inspire Global Assessments/Inspire Évaluations Mondiales **BAS**, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, **BAS**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

SINGLE CHOICE

Which of the following tasks is within the typical scope of practice of a health care assistant?

- ☐ A Performing a physical assessment on a new admission
- ☒ B Assisting a client with ambulation and toileting
- ☐ C Diagnosing a client's medical condition
- ☐ D Adjusting the dosage of a prescribed medication

ANSWER B

WHY Health care assistants provide personal support with activities of daily living such as ambulation and toileting. Physical assessments, diagnosis, and adjusting medication dosages are within the scope of regulated health professionals such as nurses, not health care assistants.

QUESTION 2

SINGLE CHOICE

A health care assistant's neighbour asks for an update on a mutual friend who is a client at the facility. What is the most appropriate response?

- ☐ A Share general information about the client's progress
- ☒ B Tell the neighbour that information cannot be disclosed and suggest speaking with the client directly
- ☐ C Ask the client for permission and then share the information
- ☐ D Provide details only if the neighbour promises to keep it confidential

ANSWER B

WHY Personal health information is confidential and cannot be disclosed without the client's consent. The health care assistant must decline and direct the neighbour to the client or the appropriate contact person, in accordance with privacy legislation and workplace policy.

QUESTION 3

SINGLE CHOICE

Before performing hand hygiene, a health care assistant notices that her artificial nails are chipped and long. What is the best practice?

- ☐ A Wear two pairs of gloves to hide the nails
- ☒ B Remove the artificial nails, keep natural nails short and clean
- ☐ C Apply more hand sanitizer to disinfect under the nails
- ☐ D Continue working, as nail length does not affect infection control

ANSWER B

WHY Standard precautions and infection prevention guidelines state that health care workers should keep nails short and clean and avoid artificial nails or nail polish, as these can harbour microorganisms and reduce the effectiveness of hand hygiene.

QUESTION 4

SINGLE CHOICE

While bathing a client, a health care assistant notices several bruises on the client's arms in different stages of healing. The client says, "Please don't tell anyone." What should the health care assistant do first?

- ☐ A Promise to keep the information confidential to respect the client's wishes
- ☒ B Document and report the observations to the supervisor or designated authority
- ☐ C Confront the suspected abuser immediately
- ☐ D Ignore the finding because the client asked for silence

ANSWER B

WHY Health care assistants have a legal and ethical duty to report suspected abuse or neglect to the appropriate authority, regardless of the client's request for secrecy. The duty to report overrides confidentiality in cases of suspected harm, and the findings must be documented.

QUESTION 5

SINGLE CHOICE

When providing oral care to an unconscious client, what position should the health care assistant place the client in to reduce the risk of aspiration?

- ☐ A Flat on the back
- ☒ B Side-lying with the head of the bed slightly elevated
- ☐ C Prone with the head turned
- ☐ D Sitting upright in a chair

ANSWER B

WHY An unconscious client should be positioned side-lying with the head slightly elevated so that secretions drain from the mouth rather than entering the airway, reducing the risk of aspiration during oral care.

QUESTION 6

SINGLE CHOICE

A health care assistant is preparing to transfer a client from the bed to a wheelchair. Which initial action is most appropriate?

- ☐ A Lift the client under the arms
- ☒ B Assess the client's ability to assist and gather transfer aids as needed
- ☐ C Drag the client across the bed using the sheet
- ☐ D Ask the client to stand immediately and walk to the chair

ANSWER B

WHY Safe client handling begins with assessing the client's mobility, cognition, and ability to assist, then selecting the appropriate transfer technique and equipment. Lifting under the arms, dragging, or rushing the client to stand without assessment can cause injury to both the client and the worker.

QUESTION 7 SINGLE CHOICE

After assisting a client with morning care, when should the health care assistant document the care provided?

- ☐ A At the end of the shift, before clocking out
- ☒ B As soon as possible after the care is provided
- ☐ C Only if there was an unusual occurrence
- ☐ D When the nurse asks for a verbal report

ANSWER B

WHY Documentation should be completed as soon as possible after care is given so that it is accurate, timely, and reflects the client's condition at the time of care. Delays increase the risk of errors or omissions.

QUESTION 8 SINGLE CHOICE

A client appears anxious and is having difficulty understanding the health care assistant's instructions. Which communication technique is most appropriate?

- ☐ A Speak louder and use medical terminology
- ☒ B Use simple language, speak slowly, and confirm understanding
- ☐ C Avoid eye contact to reduce the client's discomfort
- ☐ D Repeat the instructions quickly without changes

ANSWER B

WHY Effective communication with an anxious or confused client involves using plain language, speaking slowly, and asking the client to repeat the information back to confirm understanding. Speaking louder or using medical terms can increase confusion and anxiety.

QUESTION 9

SINGLE CHOICE

A health care assistant finds a resident's medical chart left open on the nursing station counter in a common area. What is the most appropriate immediate action?

- ☐ A Close the chart and leave it on the counter to be put away later.
- ☐ B Take the chart to the resident's room and place it on the bedside table.
- ☒ C Close the chart and return it to the designated secure storage area immediately.
- ☐ D Leave the chart open so the next staff member can continue documentation.

ANSWER C

WHY Client information must be protected at all times. Leaving the chart open in a common area breaches confidentiality, and returning it to the resident's room does not ensure secure storage. The correct action is to close the chart and return it immediately to the designated secure area, such as the chart holder or cabinet.