



01	☐ A	☐ B	☐ C	☐ D	☐ E
02	☐ A	☐ B	☐ C	☐ D	☐ E
03	☐ A	☐ B	☐ C	☐ D	☐ E
04	☐ A	☐ B	☐ C	☐ D	☐ E
05	☐ A	☐ B	☐ C	☐ D	☐ E
06	☐ A	☐ B	☐ C	☐ D	☐ E
07	☐ A	☐ B	☐ C	☐ D	☐ E
08	☐ A	☐ B	☐ C	☐ D	☐ E
09	☐ A	☐ B	☐ C	☐ D	☐ E
10	☐ A	☐ B	☐ C	☐ D	☐ E
11	☐ A	☐ B	☐ C	☐ D	☐ E
12	☐ A	☐ B	☐ C	☐ D	☐ E
13	☐ A	☐ B	☐ C	☐ D	☐ E

14	☐ A	☐ B	☐ C	☐ D	☐ E
15	☐ A	☐ B	☐ C	☐ D	☐ E
16	☐ A	☐ B	☐ C	☐ D	☐ E
17	☐ A	☐ B	☐ C	☐ D	☐ E
18	☐ A	☐ B	☐ C	☐ D	☐ E
19	☐ A	☐ B	☐ C	☐ D	☐ E
20	☐ A	☐ B	☐ C	☐ D	☐ E
21	☐ A	☐ B	☐ C	☐ D	☐ E
22	☐ A	☐ B	☐ C	☐ D	☐ E
23	☐ A	☐ B	☐ C	☐ D	☐ E
24	☐ A	☐ B	☐ C	☐ D	☐ E
25	☐ A	☐ B	☐ C	☐ D	☐ E
26	☐ A	☐ B	☐ C	☐ D	☐ E

27	☐ A	☐ B	☐ C	☐ D	☐ E
28	☐ A	☐ B	☐ C	☐ D	☐ E
29	☐ A	☐ B	☐ C	☐ D	☐ E
30	☐ A	☐ B	☐ C	☐ D	☐ E
31	☐ A	☐ B	☐ C	☐ D	☐ E
32	☐ A	☐ B	☐ C	☐ D	☐ E
33	☐ A	☐ B	☐ C	☐ D	☐ E
34	☐ A	☐ B	☐ C	☐ D	☐ E
35	☐ A	☐ B	☐ C	☐ D	☐ E
36	☐ A	☐ B	☐ C	☐ D	☐ E
37	☐ A	☐ B	☐ C	☐ D	☐ E
38	☐ A	☐ B	☐ C	☐ D	☐ E
39	☐ A	☐ B	☐ C	☐ D	☐ E

PRACTICE QUESTIONS

Michigan English Test (MET) Remotely Proctored

METL

MET 4 Retake Listening (Test Center)

EDITION

Original Demo

QUESTIONS

15

ISSUED

October 14, 2026

Before you begin

What this is

15 practice questions for Michigan English Test (MET) Remotely Proctored **METL**, each with its answer key and an explanation. Answer a question before you read its key - the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, **METL**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

Licence

Original Mometrix demo. This free sample contains fewer questions than the full paid edition.

QUESTION 1

MULTIPLE CHOICE

You hear a man leaving a voicemail: 'Hi, this is Daniel. I just wanted to let you know that I've finished the report you asked for and I've left a copy in your mailbox. Let me know if you need anything else.' Which two statements describe the speaker's intention? (Choose two.)

- ☒ **A** He wants to inform the listener that the report is finished.
- ☐ **B** He is asking for a deadline extension on the report.
- ☒ **C** He wants to let the listener know where to find the report.
- ☐ **D** He is resigning from his position.

ANSWER A - C

WHY Daniel states that he has finished the report (intention A) and that he has left a copy in the listener's mailbox (intention C - telling them where to find it). He does not ask for an extension, nor does he mention resigning, so B and D are not supported.

QUESTION 2

SINGLE CHOICE

You hear a woman talking about her new job: 'I only started last week, so I'm still finding my way around the office. The people are really friendly, though, and my manager has been incredibly supportive, which makes a huge difference.' How does the speaker feel about her new job so far?

- ☐ **A** She is overwhelmed and wishes she had not changed jobs
- ☐ **B** She is disappointed with her coworkers and manager
- ☒ **C** She is cautiously optimistic because the environment is supportive
- ☐ **D** She is completely sure the job is perfect in every way

ANSWER C

WHY The speaker acknowledges she is still adjusting ('still finding my way around'), but she highlights positive aspects: 'really friendly' people and an 'incredibly supportive' manager. This combination of ongoing adjustment with positive impressions reflects cautiously optimistic, rather than negative (A, B) or absolutely certain (D).

QUESTION 3

SINGLE CHOICE

A woman says: 'Our flight leaves at 6:40 in the morning, so we'll need to leave the house by 4:30.' At what time will the flight leave?

- ☐ A 4:30 a.m.
- ☒ B 6:40 a.m.
- ☐ C 5:30 a.m.
- ☐ D 6:00 p.m.

ANSWER B

WHY The speaker explicitly states 'Our flight leaves at 6:40 in the morning.' The other options are distractors based on the other time mentioned (leaving the house) or plausible but incorrect times.

QUESTION 4

SINGLE CHOICE

You hear a short talk at a community center. The speaker says: 'Hello, everyone. Thanks for coming out this afternoon. I'm here to talk about the new recycling program that will be starting in our neighborhood next month, and to explain how you can sign up to participate.' What is the main purpose of the talk?

- ☐ A To thank volunteers for their past help with recycling
- ☒ B To introduce a new recycling program and explain how to join it
- ☐ C To complain about the lack of recycling facilities in the area
- ☐ D To announce that the recycling program is being cancelled

ANSWER B

WHY The speaker explicitly states the purpose: to talk about the new recycling program and to explain how attendees can sign up. Option B reflects this main purpose directly, while the other options are not supported by what is said.

QUESTION 5

SINGLE CHOICE

You hear a short radio report: 'The Greenfield Animal Shelter has been overwhelmed with abandoned pets since the beginning of the summer. Volunteers say they are running low on supplies, and they are asking local residents to donate food, blankets, or money.' What is the report mainly about?

- ☐ A A new animal shelter opening in Greenfield
- ☒ B A request for donations to help an animal shelter
- ☐ C The closure of the Greenfield Animal Shelter
- ☐ D A celebration of volunteers' work at the shelter

ANSWER B

WHY The report focuses on the shelter being short on supplies and on the call for residents to donate. The main point is the appeal for donations, which matches option B.

QUESTION 6

SINGLE CHOICE

You hear a woman say to her colleague: 'Could you do me a huge favor and cover the front desk for about ten minutes? I just need to grab a coffee.' What does she mean by 'cover the front desk'?

- ☐ A Clean the front desk thoroughly
- ☐ B Move something to cover the front desk
- ☒ C Take responsibility for the front desk temporarily
- ☐ D Decorate the front desk area

ANSWER C

WHY In workplace English, 'cover the front desk' is an idiomatic expression meaning to take over the duties at the front desk temporarily while someone else is away. The other options are literal interpretations that do not fit the context.

QUESTION 7

SINGLE CHOICE

You hear: 'Could you give me a hand with these boxes?' What does the speaker mean?

- ☐ A Please lend me your hand
- ☒ B Please help me
- ☐ C Please hand me the boxes
- ☐ D Please take the boxes away

ANSWER B

WHY 'Give me a hand' is a common fixed expression meaning 'help me.' Although the literal words refer to a hand, in everyday English the expression is used to ask for assistance, not for a physical hand.

QUESTION 8

SINGLE CHOICE

You hear a short radio report about a new public library opening in a small town. What is the report mainly about?

- ☐ A The history of libraries in the country
- ☒ B The opening of a new library in town
- ☐ C A problem with the library's book collection
- ☐ D How to borrow books online

ANSWER B

WHY The main idea of a short report is usually stated at the beginning. Since the report introduces a new public library opening in the town, option B captures the central topic.

QUESTION 9

SINGLE CHOICE

You hear a woman giving a short presentation: 'Hi, I'm calling on behalf of the Oakwood Neighborhood Association. We're organizing a community cleanup day this Saturday morning, and we'd love as many volunteers as possible to help pick up litter along the river path.' Why is the woman speaking?

- ☐ A To advertise a new store opening in Oakwood
- ☒ B To invite people to volunteer for a community event
- ☐ C To complain about litter in the neighborhood
- ☐ D To announce that the cleanup has been cancelled

ANSWER B

WHY The speaker identifies herself as a representative of a neighborhood association and explicitly asks for volunteers to help with the cleanup day. Her purpose is to invite participation.

QUESTION 10

SINGLE CHOICE

You hear a woman say on the phone: 'Hi Mark, it's Lisa. Listen, I'm stuck in traffic on the M6 and I don't think I'm going to make it to the 2 o'clock meeting. Could you possibly start without me and fill me in later?' What is the main purpose of the call?

- ☐ A To apologize for missing the meeting entirely
- ☒ B To ask Mark to begin the meeting without her and update her afterwards
- ☐ C To invite Mark to a meeting at a different time
- ☐ D To ask Mark for directions to the meeting venue

ANSWER B

WHY Lisa clearly states she is delayed in traffic and asks Mark to start the meeting without her and 'fill me in later', which makes B the correct answer. A is incorrect because she does not say she will miss the meeting entirely. C and D introduce information not mentioned in the audio.

QUESTION 11

MULTIPLE CHOICE

You hear a woman describe her travel plans: 'We're flying out to Lisbon on the tenth of June and coming back on the eighteenth. My brother joined us last minute, so now there are three of us sharing one apartment near the Alfama district.' Which two details does she mention? (Choose two.)

- ☒ **A** The flight departs on June 10
- ☐ **B** The trip lasts exactly one week
- ☐ **C** She will be traveling with her brother
- ☒ **D** They are staying near the Alfama district
- ☐ **E** They have booked separate hotel rooms

ANSWER A - D

WHY The speaker says they are 'flying out to Lisbon on the tenth of June' (A) and that the apartment is 'near the Alfama district' (D). The trip lasts eight days, not one week (B); her brother joined 'them,' not her traveling with him alone (C); and they are sharing one apartment, not separate rooms (E).

QUESTION 12

SINGLE CHOICE

You hear a short news report: 'The Greenfield Bookshop, which has been a fixture on Market Street for over forty years, will close its doors at the end of this month. Owner Hannah Reed says rising rents and a drop in foot traffic have made it impossible to continue. A small farewell event is planned for Saturday afternoon.' Why is the bookshop closing?

- ☐ **A** It is being relocated to a larger premises on Saturday
- ☒ **B** Rising costs and fewer customers have made it unviable
- ☐ **C** The owner is retiring after running it for forty years
- ☐ **D** There is a major road closure affecting Market Street

ANSWER B

WHY The owner explicitly blames 'rising rents and a drop in foot traffic' for the closure. A is incorrect because there is no mention of relocation. C introduces a reason not stated, and D is not mentioned in the report.

QUESTION 13

MULTIPLE CHOICE

You hear a man say: 'We're flying out to Edinburgh on the morning of the fifteenth and coming back on the evening of the twenty-second, so that's a full week. The flight was actually cheaper than the train, believe it or not - about eighty-nine pounds return each.' Which TWO pieces of information does the speaker give?

- ☒ **A** The destination is Edinburgh
- ☐ **B** They are travelling by train
- ☒ **C** The return flight costs eighty-nine pounds
- ☐ **D** They return on the fifteenth

ANSWER A - C

WHY The speaker states the destination is Edinburgh (A) and that the return flight is eighty-nine pounds (C). B is incorrect because he explicitly says the flight was cheaper than the train, meaning they are flying. D is incorrect because the fifteenth is the outbound date, not the return.

QUESTION 14

SINGLE CHOICE

A man says: 'I've been waiting here for almost an hour, and nobody has come to help me. This is really disappointing.' How does the speaker feel?

- ☐ **A** Excited
- ☐ **B** Confused
- ☒ **C** Disappointed
- ☐ **D** Relaxed

ANSWER C

WHY The speaker directly states 'This is really disappointing,' which signals his emotional state. 'Disappointed' is the only option that matches the speaker's explicit attitude.

QUESTION 15

SINGLE CHOICE

You hear two colleagues discussing a project. One says: 'Honestly, I think we'd be much better off starting from scratch instead of trying to fix the current plan. It's taking up too much of everyone's time.' How does the speaker feel about the current plan?

- ☐ A She is satisfied with the progress so far
- ☒ B She believes the plan is too time-consuming and should be abandoned
- ☐ C She wants to invite more people to join the team
- ☐ D She thinks the plan needs only minor adjustments

ANSWER B

WHY The speaker explicitly says they would be 'much better off starting from scratch' and that the plan is 'taking up too much of everyone's time.' This shows she views the current plan negatively as too time-consuming and prefers to abandon it.