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| 36 | A | B | C | D | E |
| 37 | A | B | C | D | E |
| 38 | A | B | C | D | E |
| 39 | A | B | C | D | E |

## PRACTICE QUESTIONS

**UAE Ministry Of Health And Prevention**

# GENPR

General Practice

Uploaded by Community A

EDITION

Original Demo

QUESTIONS

6

ISSUED

October 14, 2026

# Before you begin

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## What this is

6 practice questions for UAE Ministry Of Health And Prevention **GENPR**, each with its answer key and an explanation. Answer a question before you read its key - the explanation is worth more once you have committed.

## If something looks wrong

Send us three things and we will check it:

- the exam code, **GENPR**
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

## Licence

Free Mometrix practice demo. The complete question bank is available through a paid account.

**QUESTION 1**

SINGLE CHOICE

A 32-year-old woman presents with low mood, anhedonia, sleep disturbance and weight loss over the past two months following job loss. There is no suicidal ideation. What is the most appropriate initial step in primary care?

- ☐ A Start a tricyclic antidepressant immediately without further assessment
- ☒ B Use a validated screening tool, assess severity and risk, and consider guided self-help or psychological therapy for mild to moderate depression
- ☐ C Admit the patient for inpatient psychiatric care
- ☐ D Order an MRI of the brain as the first investigation

**ANSWER B**

**WHY** For mild to moderate depression in primary care, guidelines recommend structured assessment using validated tools, risk evaluation, and initial low-intensity interventions such as guided self-help or psychological therapy, with pharmacotherapy considered when indicated. Inpatient admission and immediate antidepressants are not first-line here, and neuroimaging is not indicated without red flags.

**QUESTION 2**

SINGLE CHOICE

A 28-year-old woman at 10 weeks gestation attends for her first antenatal booking visit. She has no significant past medical or family history and is not aware of any consanguinity. Which set of routine booking blood investigations should be offered as the standard first-line screen?

- ☒ **A** FBC, blood group and antibody screen, rubella IgG, syphilis serology, HIV, hepatitis B surface antigen and a random glucose
- ☐ **B** FBC, lipid profile, thyroid function tests and uric acid
- ☐ **C** FBC, blood group, hepatitis C antibody, CA-125 and chest X-ray
- ☐ **D** FBC, blood group, VDRL, HIV, hepatitis A IgM and HbA1c

**ANSWER A**

**WHY** Standard antenatal booking investigations include full blood count, blood group and antibody screen, rubella immunity, syphilis, HIV and hepatitis B serology. Random or fasting glucose screening is recommended in early pregnancy because of the high prevalence of gestational diabetes in the UAE. Lipids, thyroid function, hepatitis A, CA-125 and chest X-ray are not part of routine booking screens.

**QUESTION 3**

SINGLE CHOICE

A 26-year-old woman is 12 weeks pregnant and attends for her first antenatal booking visit. Which routine screening test is specifically recommended at this stage in primary antenatal care?

- ☐ **A** Oral glucose tolerance test
- ☒ **B** Blood group, Rh status and antibody screen
- ☐ **C** Postpartum depression screening
- ☐ **D** Anomaly ultrasound at booking

**ANSWER B**

**WHY** Booking bloods at around 10-12 weeks include blood group and Rh, full blood count, antibody screen, rubella, syphilis, HIV and hepatitis B. OGTT is done at 24-28 weeks. The correct answer is blood group, Rh and antibody screen.

**QUESTION 4**

SINGLE CHOICE

A 35-year-old married woman attends the clinic alone and asks for a termination of pregnancy. She explicitly states that she does not want her husband to be informed. What is the most appropriate course of action for the general practitioner?

- ☐ A Inform the husband because spousal consent is required for the procedure
- ☐ B Refuse to discuss the request because the patient is married
- ☒ C Respect confidentiality and proceed with counselling the patient on her options
- ☐ D Contact the hospital ethics committee before speaking with the patient

**ANSWER C**

**WHY** Patient confidentiality is a core professional duty. A competent adult patient has the right to confidential medical care regardless of marital status, and spousal consent is not required for the patient to be counselled or for further management. Disclosing information to a third party without consent would breach confidentiality, and an ethics committee referral is not required before speaking with the patient.

**QUESTION 5**

SINGLE CHOICE

A general practice is reviewing its asthma management after identifying high rates of emergency hospital admissions. Which approach is most consistent with a structured quality improvement cycle?

- ☐ A Implement a new asthma protocol without baseline data collection
- ☒ B Audit current practice against evidence-based standards, implement changes, and re-audit
- ☐ C Refer all asthma patients to secondary care for review
- ☐ D Distribute written information leaflets to patients without staff training

**ANSWER B**

**WHY** A recognised quality improvement cycle (such as the PDSA or audit cycle) involves measuring current performance against standards, identifying gaps, implementing targeted changes, and re-measuring to confirm improvement. Implementing change without baseline data prevents evaluation of impact. Referring all patients to secondary care is neither feasible nor appropriate, and patient information alone without clinical process change is unlikely to reduce admissions.

**QUESTION 6**

SINGLE CHOICE

A 40-year-old man presents with low back pain of two weeks' duration. He now reports difficulty initiating urination and numbness around the perineum. On examination, lower limb reflexes are reduced and he has decreased perianal sensation. What is the most appropriate immediate action?

- ☐ A Arrange physiotherapy and review in two weeks.
- ☐ B Prescribe a non-steroidal anti-inflammatory drug and advise mobilisation.
- ☒ C Refer urgently to secondary care for suspected cauda equina syndrome.
- ☐ D Request a lumbar spine X-ray and review with the result.

**ANSWER C**

**WHY** Saddle anaesthesia, bladder dysfunction and lower limb neurological signs are classic red flags for cauda equina syndrome, which is a surgical emergency requiring urgent secondary care referral.