

01	☐ A	☐ B	☐ C	☐ D	☒ E
02	☐ A	☐ B	☐ C	☒ D	☐ E
03	☐ A	☒ B	☐ C	☐ D	☐ E
04	☐ A	☐ B	☐ C	☐ D	☒ E
05	☒ A	☐ B	☐ C	☐ D	☐ E
06	☐ A	☒ B	☐ C	☐ D	☐ E
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14	☐ A	☐ B	☒ C	☐ D	☐ E
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24	☐ A	☐ B	☒ C	☐ D	☐ E
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27	☒ A	☐ B	☐ C	☐ D	☐ E
28	☒ A	☐ B	☐ C	☐ D	☐ E
29	☒ A	☐ B	☐ C	☐ D	☐ E
30	☒ A	☐ B	☐ C	☐ D	☐ E
31	☒ A	☐ B	☐ C	☐ D	☐ E
32	☒ A	☐ B	☐ C	☐ D	☐ E
33	☐ A	☐ B	☒ C	☐ D	☐ E
34	☐ A	☐ B	☐ C	☒ D	☐ E
35	☐ A	☐ B	☐ C	☐ D	☒ E
36	☒ A	☐ B	☐ C	☐ D	☐ E
37	☐ A	☒ B	☐ C	☐ D	☐ E
38	☐ A	☐ B	☐ C	☒ D	☐ E
39	☐ A	☐ B	☒ C	☐ D	☐ E

PRACTICE QUESTIONS

Saudi Commission For Health Specialties (SCFHS)

ORAPT

Occupational Therapy Technician

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for Saudi Commission For Health Specialties (SCFHS) ORAPT , each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, ORAPT
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

SINGLE CHOICE

Which term best describes the core focus of occupational therapy intervention?

- ☒ **A** Engagement in meaningful daily activities and occupations
- ☐ **B** Diagnosis and prescription of medications
- ☐ **C** Surgical correction of musculoskeletal deformities
- ☐ **D** Administration of laboratory diagnostic tests

ANSWER A

WHY Occupational therapy centers on enabling clients to participate in meaningful activities (occupations) that support daily functioning, distinguishing it from medical diagnostic or surgical roles.

QUESTION 2

SINGLE CHOICE

A client with limited grip strength has difficulty buttoning a shirt. Which adaptive device would MOST appropriately assist this client?

- ☒ **A** Button hook with built-up handle
- ☐ **B** Long-handled reacher
- ☐ **C** Sock aid
- ☐ **D** Universal cuff for utensils

ANSWER A

WHY A button hook with a built-up handle compensates for reduced grip strength and fine motor control, allowing the client to fasten buttons independently.

QUESTION 3

SINGLE CHOICE

Which term describes the movement of bringing a limb toward the midline of the body?

- ☐ A Abduction
- ☒ B Adduction
- ☐ C Circumduction
- ☐ D Supination

ANSWER B

WHY Adduction refers to movement of a limb toward the midline of the body, while abduction moves it away from the midline.

QUESTION 4

SINGLE CHOICE

Which type of splint is primarily used to maintain the thumb in an abducted position to prevent web space contracture?

- ☐ A Resting hand splint
- ☒ B C-bar (thumb spica) splint
- ☐ C Cock-up wrist splint
- ☐ D Dynamic finger extension splint

ANSWER B

WHY A C-bar or thumb spica splint holds the thumb in abduction, preventing web space tightening and maintaining functional hand position.

QUESTION 5

SINGLE CHOICE

By approximately what age does a typically developing child achieve independent walking?

- ☐ A 6 months
- ☐ B 9 months
- ☒ C 12 months
- ☐ D 24 months

ANSWER C

WHY Most typically developing children begin walking independently around 12 months of age, a key gross motor milestone.

QUESTION 6

SINGLE CHOICE

According to standard precautions, when should an occupational therapy technician perform hand hygiene?

- ☐ A Only after visibly soiling hands
- ☒ B Before and after every client contact
- ☐ C Only when handling sharps
- ☐ D Once at the beginning of the work shift

ANSWER B

WHY Standard precautions require hand hygiene before and after every patient contact to reduce the risk of transmitting infectious agents.

QUESTION 7

SINGLE CHOICE

Under the supervision model typically followed in occupational therapy practice, who is responsible for conducting the initial evaluation and developing the treatment plan?

- ☐ A The occupational therapy technician
- ☒ B The occupational therapist
- ☐ C The nursing staff
- ☐ D The client's family member

ANSWER B

WHY The licensed occupational therapist is responsible for the initial evaluation and treatment planning, while the technician assists in implementing the plan under supervision.

QUESTION 8

TRUE FALSE

A wheelchair cushion is primarily used to redistribute pressure and reduce the risk of skin breakdown in clients with limited mobility.

- ☒ A True
- ☐ B False

ANSWER A

WHY Pressure-redistributing wheelchair cushions help prevent pressure ulcers by reducing sustained pressure on bony prominences in clients who sit for extended periods.

QUESTION 9

MULTIPLE CHOICE

Which of the following are common goals of occupational therapy intervention for a client recovering from a stroke (cerebrovascular accident)? (Choose two.)

- ☒ **A** Improving independence in activities of daily living
- ☒ **B** Restoring function of the affected upper extremity
- ☐ **C** Performing surgical revascularization
- ☐ **D** Prescribing anticoagulant medication dosages

ANSWER A • B

WHY OT intervention post-stroke focuses on functional goals such as improving ADL independence and restoring upper extremity function; surgery and medication prescribing are outside the OT scope.