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39	A	B	C	D	E

PRACTICE QUESTIONS

Saudi Commission For Health Specialties (SCFHS)

NTECH

Nurse Technician

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for Saudi Commission For Health Specialties (SCFHS) NTECH , each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, NTECH
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

SINGLE CHOICE

A nurse technician is measuring an adult patient's blood pressure and finds it to be 118/76 mmHg. This reading is best classified as:

- ☐ A Hypotension
- ☒ B Normal blood pressure
- ☐ C Stage 1 hypertension
- ☐ D Hypertensive crisis

ANSWER B

WHY A blood pressure of 118/76 mmHg falls within the normal adult range (systolic <120 and diastolic <80 mmHg).

QUESTION 2

SINGLE CHOICE

According to standard precautions, when should a nurse technician perform hand hygiene?

- ☐ A Only before invasive procedures
- ☐ B Only after visibly soiled contact
- ☒ C Before and after every patient contact
- ☐ D Only at the start and end of the shift

ANSWER C

WHY Standard precautions require hand hygiene before and after every patient contact, regardless of glove use, to prevent transmission of microorganisms.

QUESTION 3 SINGLE CHOICE

Which position is most appropriate for a patient recovering from surgery who needs to reduce the risk of aspiration while receiving oral fluids?

- ☐ A Supine
- ☐ B Trendelenburg
- ☒ C Fowler's position
- ☐ D Prone

ANSWER C

WHY Fowler's position (semi-upright) helps reduce aspiration risk during oral intake by using gravity to aid swallowing and reduce reflux.

QUESTION 4 MULTIPLE CHOICE

Which of the following are appropriate nursing technician actions when caring for a patient with an indwelling urinary catheter? (Choose two.)

- ☒ A Keep the drainage bag below the level of the bladder
- ☐ B Empty the drainage bag by disconnecting it from the tubing
- ☒ C Secure the catheter tubing to prevent tension and pulling
- ☐ D Keep the drainage bag above the level of the bladder for easy visualization

ANSWER A - C

WHY Keeping the bag below bladder level prevents backflow of urine, and securing the tubing prevents trauma and accidental dislodgement. The bag should never be disconnected to empty (use the drainage spout) and should never be positioned above the bladder.

QUESTION 5

SINGLE CHOICE

What is the primary purpose of accurate and timely nursing documentation?

- ☐ A To fulfill a legal requirement only
- ☒ B To provide a communication tool that ensures continuity of patient care
- ☐ C To justify staff performance evaluations
- ☐ D To reduce the workload of physicians

ANSWER B

WHY Nursing documentation primarily serves as a communication tool among the healthcare team, ensuring continuity, safety, and quality of patient care, though it also has legal value.

QUESTION 6

SINGLE CHOICE

Which of the following represents one of the standard 'rights' of medication administration that a nurse technician must verify?

- ☐ A Right diagnosis
- ☐ B Right insurance coverage
- ☒ C Right route
- ☐ D Right physician

ANSWER C

WHY The rights of medication administration include right patient, right drug, right dose, right route, right time, and right documentation. Right route is one of these core checks.

QUESTION 7

SINGLE CHOICE

A nurse technician is assisting a patient with dysphagia during a meal. Which action best reduces the risk of choking?

- ☐ A Encourage the patient to lie flat while eating
- ☐ B Offer thin liquids quickly to save time
- ☒ C Ensure the patient is upright and offer small bites with adequate time to swallow
- ☐ D Have the patient tilt the head backward while swallowing
- ☐ E Encourage rapid consumption of the entire meal

ANSWER C

WHY For patients with dysphagia, an upright position, small bites, and adequate time between swallows reduce aspiration and choking risk.

QUESTION 8

TRUE FALSE

When removing personal protective equipment (PPE), gloves should be removed before the gown.

- ☒ A True
- ☐ B False

ANSWER A

WHY True. The standard doffing sequence removes gloves first (most contaminated), followed by other PPE such as goggles/face shield, gown, and finally the mask/respirator, to minimize self-contamination.

QUESTION 9

MULTIPLE CHOICE

Which of the following findings should a nurse technician immediately report to the responsible nurse or physician? (Choose two.)

- ☐ A Oxygen saturation of 99% on room air
- ☒ B Respiratory rate of 8 breaths per minute
- ☐ C Heart rate of 76 beats per minute
- ☒ D Temperature of 39.8°C (103.6°F)

ANSWER B • D

WHY A respiratory rate of 8 breaths/min indicates bradypnea, and a temperature of 39.8°C indicates significant fever, both of which require immediate reporting. The other values are within normal limits.