

01	A	B	C	D	E
02	A	B	C	D	E
03	A	B	C	D	E
04	A	B	C	D	E
05	A	B	C	D	E
06	A	B	C	D	E
07	A	B	C	D	E
08	A	B	C	D	E
09	A	B	C	D	E
10	A	B	C	D	E
11	A	B	C	D	E
12	A	B	C	D	E
13	A	B	C	D	E

14	A	B	C	D	E
15	A	B	C	D	E
16	A	B	C	D	E
17	A	B	C	D	E
18	A	B	C	D	E
19	A	B	C	D	E
20	A	B	C	D	E
21	A	B	C	D	E
22	A	B	C	D	E
23	A	B	C	D	E
24	A	B	C	D	E
25	A	B	C	D	E
26	A	B	C	D	E

27	A	B	C	D	E
28	A	B	C	D	E
29	A	B	C	D	E
30	A	B	C	D	E
31	A	B	C	D	E
32	A	B	C	D	E
33	A	B	C	D	E
34	A	B	C	D	E
35	A	B	C	D	E
36	A	B	C	D	E
37	A	B	C	D	E
38	A	B	C	D	E
39	A	B	C	D	E

PRACTICE QUESTIONS

State of Qatar Department of Healthcare Professions (DHP) Ministry of Public Health (MOPH)

OCUTH

Occupational Therapist

EDITION

Demo

QUESTIONS

9

FORMAT

Limited Edition PDF

Before you begin

What this is

9 practice questions for State of Qatar Department of Healthcare Professions (DHP) Ministry of Public Health (MOPH) OCUTH, each with its answer key and an explanation. Answer a question before you read its key — the explanation is worth more once you have committed.

If something looks wrong

Send us three things and we will check it:

- the exam code, OCUTH
- the question number
- the email address on your order

Write to **support@mometrix.net**. We reply within one business day.

QUESTION 1

SINGLE CHOICE

An occupational therapist working in Qatar is conducting an initial assessment of a client who sustained a traumatic brain injury. Which of the following is the PRIMARY purpose of the initial occupational therapy assessment?

- ☒ **A To establish a therapeutic relationship and identify the client's strengths, limitations, and occupational performance issues**
- ☐ B To immediately begin treatment interventions to maximize recovery
- ☐ C To discharge the client if their condition appears chronic
- ☐ D To delegate assessment tasks to the client's family members

ANSWER A

WHY The primary purpose of an initial occupational therapy assessment is to gather comprehensive information about the client's occupational history, current performance, strengths, and limitations in order to establish a therapeutic relationship and formulate a client-centered plan of care. Beginning treatment without assessment, discharging prematurely, or delegating assessment are inappropriate actions that do not reflect best practice or DHP scope of practice standards.

QUESTION 2

SINGLE CHOICE

Under the scope of practice for occupational therapists licensed by the Department of Healthcare Professions (DHP) in Qatar, which activity is considered within the therapist's professional role?

- ☐ A Prescribing medications to manage spasticity
- ☐ B Performing selective surgical tendon releases
- ☒ **C Recommending and fabricating adaptive equipment to support occupational performance**
- ☐ D Ordering diagnostic imaging studies independently

ANSWER C

WHY Recommending, designing, and fabricating adaptive equipment is a core occupational therapy competency and falls within the DHP-defined scope of practice. Prescribing medication, performing surgery, and independently ordering diagnostic imaging are outside the occupational therapy scope and are reserved for physicians or other licensed healthcare professionals.

QUESTION 3

SINGLE CHOICE

An occupational therapist is performing an activity analysis on the task of dressing for a client with limited shoulder range of motion. Which component is MOST important to analyze?

- ☐ A The brand and cost of clothing typically worn
- ☒ B The specific movements, positions, and environmental demands required to complete the task
- ☐ C The client's preferred shopping location
- ☐ D The historical fashion trends in the client's culture

ANSWER B

WHY Activity analysis requires breaking a task into its component parts—the movements, postural demands, cognitive requirements, sensory components, and environmental context needed to complete it. This allows the therapist to identify barriers and adapt the task to enable occupational performance. Brand preferences, shopping locations, and fashion history are not relevant components of a clinical activity analysis.

QUESTION 4

SINGLE CHOICE

An occupational therapist in Qatar is treating a female client from a conservative cultural background who expresses discomfort receiving therapy from a male therapist. What is the MOST appropriate action?

- ☐ A Continue treatment and explain that the therapist's gender is irrelevant
- ☐ B Refuse to treat the client and recommend discharge
- ☒ C Respect the client's preferences and arrange care with a female therapist when possible, in line with culturally competent practice
- ☐ D Ask the client's husband to decide whether treatment should continue

ANSWER C

WHY Culturally competent, client-centered practice requires respecting the client's preferences regarding the gender of the treating therapist when feasible. This aligns with DHP standards for ethical, respectful, and culturally sensitive care. Dismissing the client's preference, discharging them, or deferring decisions to family members violates client autonomy and dignity.

QUESTION 5

MULTIPLE CHOICE

Which of the following are core components of the occupational therapy process? (Choose two.)

- ☐ A Financial billing and insurance authorization as the primary step
- ☒ B Occupational profile and analysis of occupational performance
- ☒ C Intervention plan development, implementation, and review
- ☐ D Independent diagnosis of medical conditions

ANSWER B - C

WHY The occupational therapy process, as defined by the profession's standards (such as those aligned with DHP/MOPH scope), includes establishing an occupational profile, analyzing occupational performance, developing and implementing an intervention plan, and reviewing outcomes. Billing is administrative, not a clinical process step, and occupational therapists do not independently diagnose medical conditions.

QUESTION 6

SINGLE CHOICE

An occupational therapist employed in a DHP-licensed facility in Qatar completes a client session. According to professional documentation standards, when must the clinical note be written?

- ☐ A Within one calendar week of the session
- ☐ B Only at the end of the client's episode of care
- ☒ C Promptly following the session in accordance with facility and DHP requirements
- ☐ D Only when a request is made by the supervising physician

ANSWER C

WHY Clinical documentation must be completed promptly after each session to ensure accuracy, continuity of care, and compliance with DHP and facility standards. Delayed documentation compromises patient safety and the integrity of the medical record.

QUESTION 7

SINGLE CHOICE

A 5-year-old child in Qatar has been referred to occupational therapy with difficulties in handwriting, balance, and coordination. Which approach is MOST commonly used by occupational therapists to address these difficulties?

- ☒ **A** Sensory integration and fine motor skill development activities
- ☐ **B** Long-term bed rest and immobilization
- ☐ **C** High-dose opioid pharmacotherapy
- ☐ **D** Exclusive focus on academic tutoring

ANSWER A

WHY Pediatric occupational therapy for handwriting, balance, and coordination difficulties typically involves sensory integration strategies combined with fine and gross motor skill development. Bed rest, opioid therapy, and academic tutoring alone are not appropriate occupational therapy interventions.

QUESTION 8

MULTIPLE CHOICE

Which of the following are recognized roles of occupational therapy within the Qatari healthcare system? (Choose two.)

- ☒ **A** Enabling participation in activities of daily living following injury or illness
- ☐ **B** Providing surgical interventions for orthopedic conditions
- ☒ **C** Promoting health and well-being through community-based occupational engagement
- ☐ **D** Dispensing prescription medication

ANSWER A - C

WHY Occupational therapy enables participation in daily activities following injury or illness and promotes health and well-being through meaningful occupational engagement, including community-based interventions. Surgical interventions and dispensing medication are outside the occupational therapy scope of practice.

QUESTION 9

SINGLE CHOICE

What is the primary purpose of Continuing Professional Development (CPD) requirements for occupational therapists licensed by DHP in Qatar?

- ☐ A To fulfill administrative paperwork only
- ☒ B To maintain and enhance professional competence and ensure safe, evidence-based practice throughout the therapist's career
- ☐ C To enable the therapist to change their professional title
- ☐ D To allow the therapist to work in unrelated fields

ANSWER B

WHY CPD requirements ensure that occupational therapists maintain up-to-date clinical knowledge, competence, and skills, thereby safeguarding patients and the public. CPD is not merely an administrative task, nor does it change a professional title or authorize work in unrelated fields.